

## Clinical Holding Framework

Intro and approach including consent <i>Any concerns?</i>	Procedure being performed	Purpose and benefit of hold	Characteristics of hold	Evaluation of Risk factors and action taken	Number of people required to apply this technique and their roles	How many attempts will be made	When and why would you stop the procedure

## Reflection and Evaluation

For all holding episodes, consider the following questions:

- Do I feel satisfied with my care delivery?
- Could I justify my decisions to a 3<sup>rd</sup> party?
- If I was repeating this care, would I do anything differently, and if so, what would this be?
- How flexible have I been in my decision making?

**Using the Clinical Holding website enables the user to document and reference the holding technique as well as the procedure or clinical intervention**

## Clinical Holding Framework

- This framework should be used for any hold that is used in practice. It is best practice to use it when explaining the intervention to patients/relatives/carers/other students/other healthcare staff etc. It provides the opportunity to identify preferences for holding and it is a useful means to support accurate documentation.
- From research and experiences, and it has been identified by colleagues in other countries that holding is not mentioned in documentation (apart from some countries such as Turkey requiring parents signatures). This is because clinical holding regardless of what terminology is used is not regulated in any country. We can only refer to our professional codes, ethical frameworks and the international rights of the child/patient to guide our practices.

To support practice decisions, refer to the **Clinical Holding Flowchart to Support Decision Making** below.

# Clinical Holding Flowchart to Support Decision Making

**Step 1:** Identify medical procedure/assessment to be undertaken.  
**Step 2:** Undertake holistic assessment of patient  
**Step 3:** Consider distraction resources or techniques suitable for patient and procedure being undertaken.  
**Step 4:** Explain procedure to patient/relative/carer and possibility of being held

